

# CARMEL ENGLISH MEDIUM HIGHER PRIMARY SCHOOL

KOTEKAR, MANGALURU - 575 022

Mob : 8105081660, Email: carmelkotekar@gmail.com

Website: www.carmelcentralschoolkotekar.in



## SCHOOL DIARY 2023-24



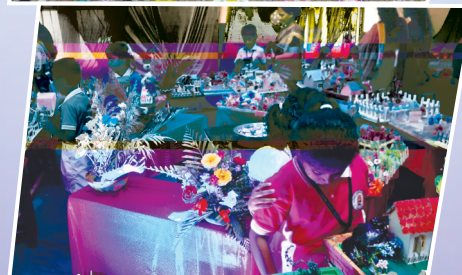
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*Venerable Mother  
Veronica of the Passion  
Founder of the Apostolic Carmel*

*"I did not desire  
anything else  
but the will of God"*



*See  
I will not  
Forget you .....*

*I have carved  
You  
On the palm  
Of my hands*

*Isaiah 4: 9-13*



*Lord*

*You know how busy  
I must be this day;  
If I forget you,  
Do not forget me.*

## TODAY

Dear Lord  
I need your help today,  
I walk along a rocky way  
And this would be  
A barren land,  
Without your Love,  
Your helping hand.

Whatever yesterday has cost,  
It is TODAY  
That matters most  
The truth remaining in it all  
Is that we stand with  
You or fall.  
I need the strength that  
You can give  
Each single moment  
That I live.

Stay by my side  
For I can see,  
That I am nothing  
Without You  
Though yesterday is  
Gone and  
I may never see tomorrow,  
And at its longest,  
Life is short,  
And holds its share of sorrow

What blessed joy each time  
I find,  
That every new TODAY  
... is mine

- *Grace E Easley*



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Kotekar, Mangaluru - 575 022  
Phone No. 2462453, 8105081660

## STATEMENT TO BE SIGNED BY PARENTS

Name of Student : .....

Class : ..... Date of Birth : .....

Religion : ..... Caste : .....

Name of the Father / Guardian : .....

Name of the Mother : .....

Name & Class of Sisters or Brothers studying in this school : .....

Qualification of Father : .....

Occupation of Father : .....

Qualification of Mother : .....

Occupation of Mother : .....

Full Postal Address (R) .....

.....

..... Pin.: .....

Telephone No.: Res.: ..... Mobile No.: .....

Office : Father : .....

Mother : .....

I have read the Rules and Regulations of the School and I promise to abide by them and see that my child also conforms to the standard required of her in conduct and studies.

1. Father :

2. Mother :

Date : ***Signature of both Parents***

**N. B.:** This page, duly filled in by the Parents/ Guardian is to be handed over to the class teacher before 10<sup>th</sup> June 2023.

Aadhar card Number

Name of the Bank

Branch

Bank A/C No

IFSC Code

Blood Group



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## **PLEDGE**

India is my country and all Indians are my brothers and sisters.

I love my country and I am proud of its rich and varied heritage.

I shall always strive to be worthy of it.

I shall give respect to my parents, teachers and all elders and treat everyone with courtesy.

To my Country and my people, I pledge my devotion. In their well-being and prosperity alone lies my happiness.

## **PRAYER FOR OUR COUNTRY**

Where the mind is without fear and the head is held high;

Where knowledge is free;

Where the world has not been broken up into fragments by narrow domestic walls;

Where words come out from the depth of truth;

Where tireless striving stretches its arms towards perfection;

Where the clear stream of reason has not lost its way

Into the dreamy desert sand of dead habit;

Where the mind is led forward by Thee into ever

Widening thought and action;

Into that heaven of freedom, my Father, let my Country awake.

*- Tagore*



## **PREAMBLE**

Stella Maris Primary School was started by the Apostolic Carmel Sisters in 1932. The Carmel Primary school started in 2006 and Carmel English Medium High School in 2008 in order to cater to the needs of the many children seeking English as Medium of Instruction. These institutions are Minority Educational Institutions as per the Constitutions of India (Article No. 30(1)).

The Apostolic Carmel Congregation was founded by Venerable Mother Veronica of the Passion (1823-1906) in 1868 at Bayonne, France and was established in 1870 at St Ann's Convent, Mangalore. Its main thrust was the development of Women as persons imbued with deep faith in God and in themselves through sound education. Over the past a hundred and forty two years of its existence, the Congregation has established institutions in India, Sri Lanka, Pakistan, Middle East, Italy and East Africa. The Carmel Primary School and Carmel English Medium High School are managed by the Apostolic Carmel Educational Society of Karnataka. The Statistics of Institutions run by it are given below:

## **STATISTICS**

First Grade Degree Colleges	2
Pre-University Colleges	7
College of Education with P.G. Courses (B.Ed.&M.Ed.)	1
Teacher Training Institutes	2
Vocational Training Institutes	2
High Schools	19
Primary Schools	22
Preparatory Schools	15
Play Schools	8
Anganwadis	4
Balwadis	4
Schools for the mentally disabled	2
Teacher Training Institute for Special Education	1
National Open School - Secondary and Senior Secondary	3

Study Centres - B.Ed. for Special Education - IGNOU	1
Study Centre - M.Ed. - Mysore University	1
Mahila Kendra (for women)	1
Community Colleges	2
Hostels for students	7
Boarding Houses	5
Children's Homes	4

While fulfilling our objectives as a Christian Minority for the education of this minority, our institutions are also open to all, irrespective of religion, caste and creed. However, in keeping with the aims and philosophy of a Catholic Institution and the Charism of our Foundress Venerable Mother Veronica, who cared for the poor and the orphaned, we have a special concern for the society through our education.

The **Coat of Arms** speaks of the ideals that Carmel School stands for.

A lighted lamp on the book represents Education that dispels darkness from our life. The star stands for Mary, the Mother of Carmel and Patroness of our Institution, who helps us reach our destination with prayer, translated into action. The Cross, stands for Jesus Christ - the Light, who enlightens our path like a Lighthouse, towards the goal of eternal life.

## **VISION AND MISSION**

### **Our Vision**

Building a God oriented, educative community for the transformation of the society.

### **MISSION STATEMENT**

Imbued with deep faith in God and inspired by the Spirit of our Foundress Venerable Mother Veronica and Apostolic Carmel pioneers in Education, in collaboration with the staff, the institution strives to promote holistic development of all students with specific focus on their spiritual, intellectual, emotional, Social and aesthetic growth while pursuing academic excellence and preservation of environment.

## **1. FAITH FORMATION**

While our education is directed towards the total development of the person we will primarily be instilling Gospel Values in those we educate. (*Apostolic Carmel Const. No. 104*)

- \* to appreciate and accept the Father as our Life Giver, Jesus as our Friend and the Spirit as our Sustenance;
- \* to turn to God in prayer, with a spirit of total dependence;
- \* to walk/live in a spirit of love, self-sacrifice and service to others, in the footsteps of Mary, our Mother of Carmel;
- \* to face the challenges of life with a living faith in God;
- \* to be morally upright, making choices and decisions in the light of the Gospel Values.

## **2. SOCIAL CONCERN**

Through our institutions we shall strive to change the prevailing situations of injustice by fostering a genuine and active social concern among our staff, students and their families thus helping to build a society of justice, love and peace. (*Apostolic Carmel Const. No. 109*)

- \* to imbibe a spirit of compassion, mission and social responsibility towards the underprivileged and weaker sections of our society;
- \* to create a spirit of fellowship constantly communicating the message that God is our Father;
- \* to develop a spirit of patriotism and responsible leadership for the service of our country.

## **3. INTELLECTUAL FORMATION**

“We shall encourage creativity and research in our apostolate, contributing towards the thinking of education, and experimenting with new methods and projects that would further our common goals.” (*Apostolic Carmel Const. No. 53*)

- \* to seek the only Truth, the wisdom of the Creator, through all academic knowledge;
- \* to develop a thirst for knowledge and to integrate it with life;
- \* to be creative in outlook and innovative in approach;

- \* to be critical thinkers in handling issues of society through the media and daily living;
- \* to work with a sense of responsibility and pursue academic goals with self-sacrifice and perseverance.

#### **4. EMOTIONAL DEVELOPMENT**

- \* to develop a positive self image and external poise and confidence;
- \* to strive towards excellence with zest and emotional balance;
- \* to radiate joy, love, peace and contentment through interpersonal relationships;
- \* to maintain a balance and a positive outlook through the successes and failures of life.

#### **5. MISSION STATEMENT**

Imbued with deep faith in God and inspired by the Spirit of our Foundress Venerable Mother Veronica and Apostolic Carmel pioneers in Education, in collaboration with the staff and parents, the institution strives to promote holistic development of our students through integral education.

Towards this end:

1. The staff works and shares as a collaborative team.
2. Valuing all dimensions of each child - spiritual, intellectual, emotional, social and aesthetic growth while pursuing academic excellence and preservation of environment each student experiences success, feels cared for and positive about their involvement at Carmel School.
3. Teachers are motivated, enthusiastic, and experience continued professional growth.
4. We provide an environment which is orderly, safe, inviting and stimulating by cultivating values of respect, integrity, compassion and justice to encourage community responsibility, combat prejudice and engage students as participants in a democratic society and global community.

5. Our parental community feels welcomed and valued as full participants in their child's education.
6. The leadership given by the management is supportive, encouraging, and fosters positive changes.

## **6. REQUIREMENTS FOR ADMISSION**

1. Only those who complete 5½ years on 1<sup>st</sup> June are eligible for Std I.
2. The Students who have passed the Std VII Examination or any other equivalent examination are eligible for admission to Std VIII.
3. Every candidate for admission and withdrawal must be introduced by a letter or in person, to the Principal.
4. Pupils coming from other Secondary Schools and Primary Schools should produce the “Transfer Certificate” issued by the Head of the concerned school.
5. Applications for admission should be made in the prescribed form which can be obtained from the office, and should be submitted along with the Transfer Certificate from the school last attended. Every pupil on admission shall pay the prescribed fees.
6. The Application for admission must be signed by the father or mother or in their absence by a guardian who has been authorized by the parents to do so. This letter of authorization must be attached with the admission form.
7. In case of pupils coming from Primary schools or Secondary Schools, the date of birth as furnished in the Transfer Certificate will be taken as valid.
8. No alteration on the date of birth will be made without the sanction of the C.P.I. of Karnataka State Education Board.
9. The application form should be filled correctly with all the information asked for.
10. The application form should be submitted at the school office by the due date.



## REGULATIONS FOR THE STUDENTS

1. Every working day from Monday to Friday is divided into two sessions. The morning session is from 8.30 a.m. to 12.30 p.m. and the afternoon session from 1.15 p.m. to 3.30 p.m. The working hours on Saturdays are from 8.30 a.m. to 12.30 p.m.
2. The time between 8.30 a.m. to 8.40 a.m. will be study hour. The students should sit in their respective classrooms and spend the time in useful study. No student should be found loitering about during the study time. They are expected to be on time for classes. Late comers will be marked absent.
3. On the arrival of the teacher to the class room the pupils must rise, pray, salute the teacher and then take their seats. When the attendance roll is called, each one must rise and answer to her name.
4. No pupil is allowed to leave the school without the written permission of the Principal and the parents' previous permission.
5. a) Punctuality and regular attendance is insisted upon. Leave of absence from school even for a few periods for attending marriages, funerals, etc., must be applied for in the **form supplied in the Calendar**. The general term excuse, 'for some business' 'for some ceremony' are not accepted.  
b) When a pupil, has been absent from school without leave for some reason not foreseen, she/he must on returning to school bring a note of excuse from her parents or guardian. Should the absence exceed three days the note must be forwarded to the Principal.  
**Every student should have a copy of the calendar and bring it to school daily.**  
c) Special notice shall be taken of absence without leave from an **examination and the re-opening of classes** after the holidays. In the case of illness a Medical Certificate is required.
6. **Irregular attendance, insubordination to teachers, habitual inattention to school work, obscenity in word or act are sufficient reasons for the temporary or permanent dismissal of a pupil. Minor offences such as coming late to class,**

**damaging school property etc. are punishable by a fine.**

7. The school does not hold itself responsible for the pupil's conduct outside its premises. It, however, takes cognisance of any serious misconduct of its pupils committed outside its precincts and should any serious charge be fairly substantiated, the guilty shall be punished according to the gravity of the offence.
8. Progress records will be issued after Tests and after every Semester examination. They shall be returned to the class teacher duly signed by the parents within three days of their issue.
9. Pupils should on all days wear the prescribed school uniform which is modest and becoming of school children. (Please refer page 57 for details) Students are not allowed to wear costly ornaments and colours on their arms (Mehandi) along with their school uniform.
10. Every pupil must salute the members of the staff on the occasion of their meeting them first for the day.
11. Books, magazines, newspapers etc., not approved by the Principal, should not be brought to the school.
12. Books, umbrellas, tiffins, etc., should have a name or mark by which the owner can be easily known and all stray or unclaimed articles should be brought to the Principal.
13. **No student or staff member will be called to the phone during school hours. In case of urgency, however, messages received on the phone will be conveyed to them.**
14. Pupils must not join any clubs or societies or make any engagements outside school that would interfere with their studies without the Principal's permission.
15. Catholic pupils are advised to go for Confession at least once a month and every day for Mass if possible.
16. When prayers are said at the beginning and at the end of class all stand and pray respectfully. At the beginning of the morning and evening sessions all must stand and must pray devoutly. They shall stand respectfully for the National Anthem/'Nada Geethe'.

17. Any letters to students addressed to the school are subject to scrutiny by the Principal. Letters officially addressed to the Principal should enclose reply postage.
18. No subscriptions are allowed without previous permission of the Principal.
19. Pupils should adhere to the discipline of the school whole-heartedly. They should follow the bells scrupulously, particularly bells given after the recess time, in the forenoon and afternoon. They should never leave the school premises in between intervals.
20. Pupils who score below 40% marks in Catechism / Moral science will be considered as failures.
21. The students are expected to speak English only within the school premises.
22. The students must equip themselves with a complete outfit of everything that is necessary for their studies. They must use their own materials and be responsible for their safety. The school cannot make itself responsible for books, money, clothes and other articles that are lost.
23. The students who depend on public conveyance to come to the school should leave their homes early enough to avoid peak hours and be at the school well on time.
24. The students are not allowed to take part in political agitation directed against the authority of the lawful Government.
25. Attendance at classes and examinations, progress as well as conduct of the students will be taken into consideration while recommending the students for merit certificate, concessions, Scholarships and freeships.
26. The students will not be allowed to leave the school premises during class hours. Parents should provide a written request asking permission. The school authorities will take action on those students who do not abide by this.
27. Students are not permitted to go outside the campus during lunch break.

28. **Dress Code:** Whenever the students are exempted from wearing the school uniform kindly follow the following dress code.

On **Birthdays and other occasions** students are required to observe the norms of **simplicity, modesty and propriety** with regard to dress as per the school standards. Wearing pants, jeans, short tight skirts, divider skirts, slit skirts, dress with back open, dress with strips or anything that is unpleasant to look at is forbidden. Be neat and modest. Parents will be held responsible to see that their ward follow the regulation laid down in the matter of dress.

29. It is mandatory to wear the prescribed school uniform regularly by the students. Any additional like the scarf, burqua shawl and other objectionable gear are not permitted to be worn with the uniform in the school campus.
30. Students are not permitted either individually or in group to hold activities or worship other than those organized by the School authority within the campus.
31. Parents / Guardians are requested to see that their children do not come to school wearing gold bangles, chains, finger rings, showy ear-rings, watches or any other costly ornaments.

### **EXAMINATION AND PROMOTION**

1. Besides the **Terminal and Annual Examination** there will be 4 tests, for Std VIII to X and **2 Semester plus 4 Tests for the Primary Section** the results of which will be considered **for promotion**. The results of the Examination and Tests will be given in the **Report Cards** and the parents are requested to examine and sign them.
2. The students who absent themselves from any test or examination for valid reasons should get prior permission from the Head of the institution. In case of illness a Medical Certificate should be submitted. Therefore any absence from test or examination without permission will be viewed seriously and suitable action will be taken. The student who has recourse to malpractice in the Annual Examination will not be promoted to the higher class.

3. The students who pass in all the subjects in all the tests and examinations during the year with 85% marks or A+ in Primary and High School sections in each subject and in the Aggregate will be awarded Merit Certificates.
4. The students who are absent for the Terminal Semester and Annual Examinations for any reason will not be promoted.
5. Every student must put in at least 90% attendance in order to merit promotion to the higher class. Those who have a shortage of attendance will not be permitted to appear for the Annual Examination.
6. A student may be advised to leave the school at the end of the year, if his/her conduct has not been satisfactory.
7. No candidate will be permitted to appear for the Annual Examination or the Public Examination unless she / he has fulfilled the conditions regarding attendance, progress, conduct and the payment of school fees.

### ಸಾಮಾನ್ಯ ನಿಯಮಗಳು:

1. ಕ್ಲಷ್ಟತೆ ಮತ್ತು ಕ್ರಮಬದ್ಧ ಹಾಜರಾತಿಯನ್ನು ಸರಿಯಾಗಿ ಪಾಲಿಸತಕ್ಕದ್ದು. ಮದುವೆ, ಶವ-ಸಂಸ್ಕಾರ ಮೊದಲಾದುವುಗಳಿಗೆ ಹೋಗಬೇಕಾಗಿದ್ದಲ್ಲಿ ಶಾಲಾ ಕ್ಯಾಲೆಂಡರ್‌ನಲ್ಲಿ ನಮೂದಿತವಾದ ಸ್ಥಳದಲ್ಲಿ ಹೆತ್ತವರು ಯಾ ರಕ್ಷಕರಿಂದ ಲಿಖಿತವಾಗಿ ತಂದು ಮುಖ್ಯೋಪಾಧ್ಯಾಯನಿಗೆ ಮೊದಲಾಗಿ ಅನುಮತಿ ಪಡೆದಿರಬೇಕು. ನಿರ್ದಿಷ್ಟವಾದ ಕಾರಣವಿಲ್ಲದ ರಜೆಯನ್ನು ಮನ್ನಿಸಲಾಗುವುದಿಲ್ಲ.
2. ವಿದ್ಯಾರ್ಥಿನಿಯು ಅಸೌಖ್ಯದಂತಹ ಕಾರಣಗಳಿಂದ ಮೊದಲು ಸೂಚಿಸದೆ ಗೈರು ಹಾಜರಿಯಾದಲ್ಲಿ, ಮತ್ತೆ ತರಗತಿಗೆ ಬರುವಾಗ ಶಾಲಾ ಕ್ಯಾಲೆಂಡರ್‌ನಲ್ಲಿ ಹೆತ್ತವರ ಯಾ ರಕ್ಷಕರಿಂದ ಸಹಿ ಮಾಡಿದ ರಜೆ ಅರ್ಜಿಯನ್ನು ತರತಕ್ಕದ್ದು. ಪ್ರತೀ ವಿದ್ಯಾರ್ಥಿಗೆ ಅವರದೇ ಆದ ಶಾಲಾ ಕ್ಯಾಲೆಂಡರ್ ಇದ್ದು ಅದನ್ನು ಪ್ರತೀ ದಿನ ಶಾಲೆಗೆ ತಪ್ಪದೆ ತರತಕ್ಕದ್ದು.
3. ಕ್ರಮರಹಿತ ಗೈರು ಹಾಜರಿ, ಅವಿಧೇಯತೆ, ಶಾಲಾ ಕೆಲಸಗಳಲ್ಲಿ, ಪಾಠ ಪ್ರವಚನಗಳಲ್ಲಿ ನಿರಾಸಕ್ತಿ, ಮಾತು ಮತ್ತು ಕೃತಿಗಳಲ್ಲಿ ಅಸಭ್ಯತನ ಕಂಡು ಬಂದರೆ, ಅಂಥವರನ್ನು ತಾತ್ಕಾಲಿಕವಾಗಿ ಸಸ್ಪೆಂಡ್ ಮಾಡಲಾಗುವುದು. ಇದು ಶಾಶ್ವತ ಶಾಲೆಯಿಂದ ತೆಗೆದು ಹಾಕುವವರೆಗೂ ಮುಂದುವರಿಯಬಹುದು. ತಡಮಾಡಿ ಬರುವುದು, ಶಾಲಾ ವಸ್ತುಗಳನ್ನು ಹಾಳುಗೆಡುಹುವುದು ಮುಂತಾದ ತಪ್ಪುಗಳಿಗೆ 'ದಂಡ' ರೂಪದ ಶಿಕ್ಷೆಗಳನ್ನು ನೀಡಲಾಗುವುದು.



4. ಶಾಲೆಯ ವತಾರದ ಹೊರಗೆ ಕಂಡು ಬಂದ ವಿದ್ಯಾರ್ಥಿಯ ನಡತೆಗೆ ಶಾಲೆಯು ಹೊಣೆಯಲ್ಲ. ಹೀಗಿದ್ದರೂ ದುರ್ನಡತೆಯು ಅಸಾಮಾನ್ಯವೆಂದು ಕಂಡು ಬಂದಲ್ಲಿ ಅದನ್ನು ಅಪರಾಧವೆಂದು ಪರಿಗಣಿಸಿ, ಅಂಥವರ ಮೇಲೆ ಶಿಸ್ತಿನ ಕ್ರಮಗಳನ್ನು ಕೈಗೊಳ್ಳಲಾಗುವುದು.
5. ಪರೀಕ್ಷೆಗಳು ಆದ ಮೇಲೆ ವಿದ್ಯಾರ್ಥಿಯ ವ್ಯಾಸಂಗದ ಅಭಿವೃದ್ಧಿ ಪತ್ರವನ್ನು ಕಳುಹಿಸಿ ಕೊಡಲಾಗುವುದು. ಹೆತ್ತವರು ಯಾ ರಕ್ಷಕರು ಸಹಿ ಮಾಡಿ ಎರಡು ದಿನಗಳೊಳಗೆ ತರಗತಿಯ ಅಧ್ಯಾಪಕರಿಗೆ ಹಿಂದಿರುಗಿಸತಕ್ಕದ್ದು.
6. ವಿದ್ಯಾರ್ಥಿಗಳು ಶಾಲೆಯು ಸೂಚಿಸಿದ ಸಮವಸ್ತ್ರವನ್ನು ಶಾಲಾ ದಿನಗಳಲ್ಲಿ ತಪ್ಪದೆ ಧರಿಸಿಕೊಂಡು ಬರತಕ್ಕದ್ದು. ಅಧಿಕ ಬೆಲೆಯ ಆಭರಣಗಳನ್ನು ಧರಿಸುವುದು ಮತ್ತು ಅಂಗೈಗಳ ಮೇಲೆ ಬಣ್ಣ ಸವರಿಸುವುದು (ಮೆಹಂದಿ) ಸಮವಸ್ತ್ರದೊಂದಿಗೆ ಸರಿಹೊಂದುವುದಿಲ್ಲ.
7. ವಿದ್ಯಾರ್ಥಿಗಳು ಪ್ರತೀದಿನ ತಮ್ಮ ಪ್ರಥಮ ಭೇಟಿಯ ವೇಳೆ ಅಧ್ಯಾಪಕರಿಗೆ ತಪ್ಪದೆ ವಂದನೆಯನ್ನು ಸಲ್ಲಿಸುವ ರೂಢಿಯನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳತಕ್ಕದ್ದು.
8. ಮುಖ್ಯೋಪಾಧ್ಯಾಯರಿಂದ ಒಪ್ಪಿಗೆ ಪಡೆಯದೆ ಯಾವುದೇ ಪುಸ್ತಕ, ಪತ್ರಿಕೆ ಮೊದಲಾದುವುಗಳನ್ನು ಶಾಲೆಗೆ ತರತಕ್ಕದ್ದಲ್ಲ.
9. ವಿದ್ಯಾರ್ಥಿಗಳ ಪುಸ್ತಕಗಳಲ್ಲಿ ಅಥವಾ ಕೊಡೆಗಳಲ್ಲಿ ತನ್ನದೆಂದು ಸುಲಭದಲ್ಲಿ ಗುರುತಿಸಲಾಗುವಂತಹ ಹೆಸರು ಅಥವಾ ಗುರುತು ಇರಬೇಕು. ಹಕ್ಕುದಾರರಿಲ್ಲದೆ ಶಾಲಾ ವತಾರದಲ್ಲಿ ಕಂಡು ಬಂದಂತಹ ವಸ್ತುಗಳನ್ನು ಮುಖ್ಯೋಪಾಧ್ಯಾಯರಿಗೆ ತಂದು ಒಪ್ಪಿಸತಕ್ಕದ್ದು.
10. ಪ್ರತೀ ಪಾಠದ ಆರಂಭದಲ್ಲಿ ಮತ್ತು ಕೊನೆಯಲ್ಲಿ ಎಲ್ಲರೂ ಎದ್ದು ನಿಂತು ಭಕ್ತಿಪೂರ್ವಕವಾಗಿ ಪ್ರಾರ್ಥನೆಯನ್ನು ಸಲ್ಲಿಸಬೇಕು.
11. ವಿದ್ಯಾರ್ಥಿಗಳು ಶಾಲಾ ಶಿಸ್ತಿಗೆ ಮನಃಪೂರ್ವಕವಾಗಿ ಬದ್ಧರಾಗಿರತಕ್ಕದ್ದು. ವಿರಾಮ ವೇಳೆಯಲ್ಲಿ ಗಂಟಿಯ ಶಬ್ದ ಕೇಳಿದೊಡನೆಯೇ ಮೌನವಾಗಿ ಬಂದು ತರಗತಿಗಳಲ್ಲಿ ಇರತಕ್ಕದ್ದು. ವಿರಾಮ ವೇಳೆಯಲ್ಲಿ ಶಾಲಾ ವತಾರವನ್ನು ಬಿಟ್ಟು ಹೊರಗೆ ಹೋಗಕೂಡದು.
12. ಹೆತ್ತವರು ಶಾಲೆಯಲ್ಲಿ ನಡೆಸುವ ಮಾಸಿಕ ಮತ್ತು ಉಳಿದ ಪರೀಕ್ಷೆಗಳಿಗೆ ತಮ್ಮ ಮಕ್ಕಳು ತಪ್ಪದೆ ಹಾಜರಾಗುವಂತೆ ನೋಡಿಕೊಳ್ಳುವುದು ಅವರ ಜವಾಬ್ದಾರಿ. ಯಾವುದಾದರೂ ನಿಜವಾದ ಕಾರಣಕ್ಕಾಗಿ (ಅನಾರೋಗ್ಯ ಇತ್ಯಾದಿ) ನಿಮ್ಮ ಮಕ್ಕಳು ಪರೀಕ್ಷೆಗೆ ಬರಲಾಗದಿದ್ದರೆ ಪರೀಕ್ಷೆ ಅವಧಿಗೆ ಒಳಗೆ ನೀವೇ ಮುದ್ದಾಗಿ ಬಂದು ವರದಿ ಮಾಡಬೇಕು.

## ಹೆತ್ತವರಿಗೆ ಅಥವಾ ರಕ್ಷಕರಿಗೆ ಸೂಚನೆಗಳು

1. ಶಾಲೆಯ ಶಿಸ್ತನ್ನು ಪಾಲಿಸುವಲ್ಲಿ, ಮನೆಯಲ್ಲಿ ಕ್ರಮಬದ್ಧವಾದ ಓದಿನಲ್ಲಿ ಮಕ್ಕಳು ನಿರತವಾಗಿರುವಂತೆ ನೋಡಿಕೊಳ್ಳುವಲ್ಲಿ, ಹೆತ್ತವರು ಶಾಲೆಯ ಅಧಿಕಾರಿಗಳೊಂದಿಗೆ ಸಹಕರಿಸಬೇಕು. ರಜಾದಿನಗಳಲ್ಲಿ ಕಲಿಯಲು ಹೆಚ್ಚು ಸಮಯವನ್ನು ಉಪಯೋಗಿಸುವುದು. ಸರಿಯಾದ ಹಾಜರಿ ಮತ್ತು ಮನೆಯಲ್ಲಿ ಕಲಿಕೆಯನ್ನು ಹೆತ್ತವರು ಪ್ರೋತ್ಸಾಹಿಸದಿದ್ದರೆ, ಫಲಿತಾಂಶವು ನಿರಾಶದಾಯಕವಾಗುವುದು.
2. ತಮ್ಮ ರಕ್ಷಣೆಯಲ್ಲಿರುವ ಮಕ್ಕಳ ಗುಣನಡತೆ ಯಾ ವ್ಯಾಸಂಗದ ಅಭಿವೃದ್ಧಿಯ ಕುರಿತು ವಿಚಾರ ವಿನಿಮಯ ಮಾಡಲು ಬೆಳಿಗ್ಗೆ ಗಂಟೆ 11.30 ರಿಂದ 12.30 ಮತ್ತು ಮಧ್ಯಾಹ್ನ 3.00 ರಿಂದ 4.00ರೊಳಗೆ ಪ್ರಾಂಶುಪಾಲೆಯರ ಕೊಠಡಿಗೆ ಬರಬಹುದು. ನಿಗದಿಗೊಳಿಸಿದ ದಿನದ ಹೊರತಾಗಿ ಹೆತ್ತವರು ತಮ್ಮ ಮಕ್ಕಳಿರುವ ತರಗತಿಗೆ ಹೋಗಿ ಸಂಬಂಧಪಟ್ಟ ಅಧ್ಯಾಪಕರನ್ನು ಕಂಡು ಮಾತನಾಡಿ ಬೋಧನೆಗೆ ಅಡ್ಡಿ ಮಾಡಬಾರದು.
3. ಮಕ್ಕಳ ಕೈಯಲ್ಲಿ ಅನಾವಶ್ಯಕವಾಗಿ ಹಣ ಕೊಡುವುದನ್ನು ನಿಷೇಧಿಸಲಾಗಿದೆ.
4. ತಮ್ಮ ಮಕ್ಕಳು ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಮತ್ತು ಕಾರ್ಯಾನುಭವಗಳಲ್ಲಿ ವಿಶೇಷ ಆಸಕ್ತಿ ವಹಿಸುವಂತೆ ಪ್ರೋತ್ಸಾಹಿಸಬೇಕು.
5. ವಿದ್ಯಾರ್ಥಿಯು ತೇರ್ಗಡೆಯಾಗಬೇಕಾಗಿದ್ದರೆ, ಶೇ. 90 ಹಾಜರಾತಿಯನ್ನು ಪಡೆದಿರಬೇಕು. ಅಲ್ಲದೆ ಕಾರ್ಯಾನುಭವ, ಲಲಿತ ಕಲೆಗಳು, ಶಾರೀರಿಕ ಶಿಕ್ಷಣದಲ್ಲಿಯೂ ಸರಿಯಾಗಿ ಭಾಗವಹಿಸಿರಬೇಕು.
6. “ಮನೆಪಾಠ” (Tuitions) ದುಷ್ಟರಿಣಾಮವನ್ನು ಬೀರುವುದರಿಂದ ಅದನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಬಾರದು. ಅಂತಹ ಅವಶ್ಯಕತೆಯಿದ್ದಲ್ಲಿ ಮಾತ್ರ ಅದನ್ನು ಏರ್ಪಡಿಸಬಹುದು. ಆದರೆ ಶಾಲೆಯು ಇದರ ಜವಾಬ್ದಾರಿಯನ್ನು ವಹಿಸುವುದಿಲ್ಲ.
7. ಒಬ್ಬ ವಿದ್ಯಾರ್ಥಿಯು ಒಂದೇ ತರಗತಿಯಲ್ಲಿ ಎರಡು ಬಾರಿ ಅನುತ್ತೀರ್ಣಳಾದರೆ/ ಅನುತ್ತೀರ್ಣನಾದರೆ ಮುಂದಿನ ವರ್ಷ ಅವರಿಗೆ ಪ್ರವೇಶ ಸಿಗಲಾರದು.

## RECOMMENDATIONS TO PARENTS / GUARDIANS

1. Parents play a decisive role in the development of students in their formative years. Therefore the school expects the wholehearted co-operation from the parents.
2. Parents are requested to co-operate with the school authorities by enforcing regularity and discipline, by advising and guiding their children to study their lessons daily and to take an active interest in the activities of the school.

3. Parents are invited to meet the Principal and other members of the staff personally especially when unsatisfactory attendance or progress of their wards is brought to their notice. In order to meet the teachers, prior appointment is advisable.
4. Private tuitions are not encouraged. Private tutors may not be engaged except after consulting the Principal and with her consent.
5. If people arrange private tuitions for their wards with the teacher of our institution such parents will be forced to withdraw their children from school.
6. Parents are requested to meet the class teachers on the appointed days to enquire about the progress of their children.

### **LEAVE OF ABSENCE**

Parents are alerted to assume responsibility to see that their ward attends classes regularly and as a rule does not seek exemption from attending daily classes. If there is an important occasion within the immediate family that falls on a working day and requires the presence of family members whether for half day, or the whole day leave of absence should be applied for before hand by the parent by filling the details in the official note printed in the calendar. Such permission as a rule will not be granted if the occasion coincides with the dates of Examination, prayer day or Retreat.

Parents will strictly avoid fixing a **routine doctor's check up to their ward during working hours.**

### **THE SCHOOL LIBRARY**

The Library is a place of quiet study. Strict silence must be observed at all times in and outside the library room.

All books, Magazines and Furniture must be handled with care. Books lost, torn, defaced, marked or damaged in any way shall have to be replaced by the borrower along with the fine as fixed by the Principal.

### **TO PARENTS / GUARDIANS**

1. Parents / Guardians are requested to co-operate with the school authorities in matter of discipline, regular hours of studies at

home and regular attendance at school. On holidays more time should be devoted to study at home. **If parents do not insist on regular attendance and home study, the result is sure to be disappointing to them.**

2. Parents / Guardians are recommended to call at the Principal's office between 11.30 a.m. to 12.30 p.m. or between 3.00 p.m. to 4.00 p.m. to ascertain from the school authorities the conduct and the progress of the students under their charge. They are requested not to enter the class rooms and see individual teachers during class hours, without the prior permission of the Principal, except on the Parents' Meet Day.
3. **Parents / Guardians are advised not to give any pocket money to the children while coming to school.**
4. Parents / Guardians should encourage their children to participate in the co-curricular activities and the work experience drawn up by the school.
5. Send the children neatly dressed in full uniform.

#### **THE PARENT – TEACHER ASSOCIATION (P.T.A.)**

1. All parents of the students on roll of the Primary and the High School become members of the P.T. Association on payment of the membership fees Rs 50/- per student per academic year.
2. If a student has lost both her parents, her legal guardian becomes the member of the Association. Parents who are abroad will appoint a guardian while admitting their child to this institution and give an official letter to the Principal to this effect and the guardian will participate in the activities of the P.T.A. in the place of the parents. However, only parents have an active voice to be elected as members of the Executive Committee of the P.T.A.
3. The institution maintains the strong conviction that the on going efforts/ programs directed towards the growth and well being of our students will become fruitful only when Parents and Teachers join hands, interact closely and act jointly in all educational endeavour.

4. The Parents / Guardians have the responsibility to attend the General Body Meeting of the P.T.A., the results session held in October / November and the official programmes of the Institution held in August, November and December. Besides, they are expected to meet the teachers regularly and interact with them, having the progress and the welfare of their children at heart.

**RESPONSIBILITIES OF PARENTS/GUARDIANS  
TOWARDS THEIR WARDS**

1. Parents while sending your children to school especially of the Lower Primary and Primary classes should create awareness by advising them not to talk/converse or develop friendship with strangers / persons not known to them. Please advise them not to give out any personal information to even known persons without your knowledge.
2. Parents should always keep track of phone calls and messages being received by their wards on the mobiles and in case of instances where they receive instigating SMS, obscene pictures on mobile or through any other mode, such instances should be immediately reported to the nearest police station.
3. You are advised not to send the child to school, if the child is sick.
4. In emergency have access to children's helpline toll free No. 1098 available 24x7.
5. If parents need to take their ward between school hours on emergency cases, they need to produce a written request letter to the principal and personally come over to pick them up. Other than parents, if you are deputing any immediate relative (only in emergency cases) an authorization letter signed by the parents and the ID card is a must to pick up your ward.
6. To avoid any type of inconvenience, please see that the books/ lunch bag / short break snacks are sent with the child itself in the morning.
7. Parents are strictly instructed not to allow their children to carry any electronic gadgets / mobile / camera to the school. If it is found with the children in the school, it will be a punishable act.



8. The possession / use of alcohol, cigarettes and drugs is strictly prohibited and if found will be dealt with as per rules.
9. Students who are drug addicts are not allowed to be in the school. This measure is taken in order to prevent their harmful influence on the other students.
10. Parents will be allowed into the campus only during the timings mentioned by the school to pick their wards. You have to strictly follow the timings and show the ID card at the entry.
11. Whenever your children go out to play with friends you need to find out who their friends are, and what kind of games they play, because young children sometimes sexually abuse themselves. You need to be observant.
12. If your child complains about a particular person, or a situation, don't keep quiet about it. Take up the matter in an appropriate manner and find out the truth. Assure your children that you will defend them at any cost.
13. Speak openly to your children about different unwelcome possibilities, wherever they go. It can be in your own house, in your relatives' houses, in the school, in the playground, in the school bus or any such place where they are in the company of others.
14. It is always advisable that you go through any new material like cartoons or CDs, you buy for them before they start watching them.
15. Tell your girl child never to sit on the laps of boys/men, no matter what the situation. Even a boy child need to be warned about such situations. Please remember that it's not only girls, but also boys who become victims of sexual assaults.
16. If a lively child suddenly becomes silent and withdrawn, you need to talk to your child patiently to find out if there is something going wrong.
17. Tell your children never to accept a lift (free ride in a vehicle) offered by a stranger or any eatable or gift offered by a stranger. Ask them to avoid talking to any stranger as far as possible when they are alone.

18. Educate your children about issues related to sex in an age-appropriate manner as they grow up. If you don't, they will gather the wrong kind of information from the wrong sources.
19. Teach your young children how to wash their private parts properly and tell them never to allow anyone to touch those areas, except by their care-givers at home or at school.
20. As far as possible, never send your child (boy or girl) alone anywhere. Most children get molested or mistreated when they are left alone.
21. As a school, we assure you that we will take utmost care to ensure the safety of the children while they are in school, engaged in school programmes and activities. It is our joint duty and responsibility to ensure the safety of our children.

### ಹೆತ್ತವರು ತಮ್ಮ ಮಕ್ಕಳ ಬಗ್ಗೆ ತೆಗೆದುಕೊಳ್ಳಬೇಕಾದ ಜವಾಬ್ದಾರಿಗಳು

1. ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಕಳುಹಿಸಿ ಕೊಡುವ ಮೊದಲು ಹೆತ್ತವರು ತಮ್ಮ ಮಕ್ಕಳಿಗೆ ತಿಳುವಳಿಕೆ ನೀಡಿ, ಸಲಹೆ ಸೂಚನೆಗಳನ್ನು ಕೊಟ್ಟು ಮಕ್ಕಳು ಯಾರೊಡನೆಯೂ ಮಾತನಾಡದಂತೆ ತಿಳಿಸಬೇಕು. ಪರಿಚಯ ಇಲ್ಲದವರ ಹತ್ತಿರ ಅಥವಾ ಹೊಸಬರೊಡನೆ ಸ್ನೇಹ ಬೆಳೆಸಬಾರದು ಎಂದು ತಿಳಿ ಹೇಳಬೇಕು. ಮಕ್ಕಳು ತಮ್ಮ ವೈಯಕ್ತಿಕ ವಿವರಗಳನ್ನು ಹೆತ್ತವರ ಗಮನಕ್ಕೆ ಬಾರದೆ ಪರಿಚಯ ಇಲ್ಲದವರಿಗೆ ಯಾವತ್ತೂ ನೀಡಬಾರದೆಂದು ತಿಳಿಸಬೇಕು.
2. ನಿಮ್ಮ ಮಕ್ಕಳ ರಕ್ಷಣೆಗೆ ಸವಾಲೊಡ್ಡುವ ವಿಷಯಗಳ/ಸಹವರ್ತಿಗಳ ಬಗ್ಗೆ ಸದಾ ಶಿಸ್ತುಬದ್ಧ ಹಿಡಿತವನ್ನು ಕಾಯ್ದುಕೊಳ್ಳಿ (ಮೊಬೈಲ್ ಫೋನ್, ಇಂಟರ್ನೆಟ್, ಸಂಗೀತ, ಚಲನಚಿತ್ರ ಮತ್ತು ಗೆಲೆಯರು ಹಾಗೂ ಕುಟುಂಬಗಳು ಸೇರಿದಂತೆ)
3. ಮಕ್ಕಳು ಅನಾರೋಗ್ಯದಲ್ಲಿದ್ದಾಗ ಹೆತ್ತವರು ಅವರನ್ನು ಶಾಲೆಗೆ ಕಳುಹಿಸಕೂಡದು.
4. ವಿದ್ಯಾರ್ಥಿಗಳು ಜರೂರು ಸಂದರ್ಭದಲ್ಲಿ ದಿನದ 24 ಗಂಟೆಯ ಸಹಾಯವಾಣಿ ದೂರವಾಣಿ ಸಂಖ್ಯೆ 1098 ಉಪಯೋಗಿಸುವುದು.
5. ಯಾವುದೇ ತುರ್ತು ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ಶಾಲಾ ವೇಳೆಯಲ್ಲಿ ಮಕ್ಕಳನ್ನು ಮನೆಗೆ ಕರೆದುಕೊಂಡು ಹೋಗುವ ಸಂದರ್ಭ ಬಂದಾಗ ಹೆತ್ತವರು ಸ್ವತಃ ತಮ್ಮ ಅನುಮತಿ ಪತ್ರದೊಂದಿಗೆ ಮುಖ್ಯ ಶಿಕ್ಷಕರು / ಪ್ರಾಂಶುಪಾಲರನ್ನು ಭೇಟಿಯಾಗಿ ಕರೆದುಕೊಂಡು ಹೋಗಬಹುದು. ಹೆತ್ತವರಿಗೆ ಅಸಾಧ್ಯವಾದಾಗ ಅವರ ಬದಲು ಬೇರೆ ಯಾರನ್ನಾದರೂ ಕಳುಹಿಸಿದಾಗ ಮಗುವಿನ ಹೆತ್ತವರ ಅನುಮತಿ ಪತ್ರ ಮಾತ್ರವಲ್ಲದೆ, ಗುರುತುಚೀಟಿಯನ್ನು ಸಹ ತಂದು ಬರಬೇಕು.

6. ಯಾವುದೇ ಅನಾನುಕೂಲವಾಗದಂತೆ ನೋಡಿಕೊಂಡು ವಿದ್ಯಾರ್ಥಿಗಳ ಪುಸ್ತಕಗಳು / ಮಧ್ಯಾಹ್ನ ಉಪಹಾರದ ಬ್ಯಾಗ್ / ಸಣ್ಣ ಬಿಡುವಿನ ಸಮಯದಲ್ಲಿ ತಿನ್ನುವ ತಿಂಡಿ, ಇತ್ಯಾದಿಗಳನ್ನು ಬೆಳಿಗ್ಗೆ ಶಾಲೆಗೆ ಹೋಗುವಾಗಲೇ ಕೊಡುವುದು.
7. ಹೆತ್ತವರು ಮಕ್ಕಳಿಗೆ ಯಾವುದೇ ತರದ ವಿದ್ಯುತ್ ಉಪಕರಣ/ಮೊಬೈಲ್ ಕ್ಯಾಮರಾ, ಇವುಗಳನ್ನು ಶಾಲೆಗೆ ಕೊಂಡುಹೋಗಲು ಬಿಡಬಾರದು. ಯಾವುದೇ ಸಂದರ್ಭದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳ ಹತ್ತಿರ ಇಂತಹ ಉಪಕರಣಗಳು ಇದ್ದಲ್ಲಿ, ಇದು ಶಿಕ್ಷಾರ್ಹ ಅಪರಾಧ ಎಂದು ತಿಳಿಯುವುದು.
8. ಹಾಗೂ ಮಾದಕ ದ್ರವ್ಯ ಸೇವನೆ, ಧೂಮಪಾನ ಮೊದಲಾದವುಗಳನ್ನು ಕಡ್ಡಾಯವಾಗಿ ನಿಷೇಧಗೊಳಿಸಲಾಗಿದೆ. ಇದರ ಬಗ್ಗೆ ನಿಯಮದಂತೆ ಕ್ರಮ ಕೈಗೊಳ್ಳಲಾಗುವುದು.
9. ಮಾದಕ ದ್ರವ್ಯ (ಡ್ರಗ್) ಸೇವನೆಯ ಚಟವಿರುವ ಮಕ್ಕಳಿಗೆ ಶಾಲೆಯೊಳಗೆ ಪ್ರವೇಶವಿರುವುದಿಲ್ಲ. ಇಂತಹ ಮಕ್ಕಳ ಸಹವಾಸದಿಂದ ಇತರ ಮಕ್ಕಳಿಗೆ ಉಂಟಾಗುವ ಹಾನಿಯನ್ನು ತಡೆಗಟ್ಟಿಸುವ ದೃಷ್ಟಿಯಿಂದ ಈ ಕ್ರಮ ಕೈಗೊಳ್ಳಲಾಗಿದೆ.
10. ಶಾಲೆಯವರು ನಿಗದಿಪಡಿಸಿದ ಸಮಯದಲ್ಲಿ ಮಾತ್ರ, ಮಕ್ಕಳ ಹೆತ್ತವರು ಶಾಲೆಯ ಆವರಣದೊಳಗೆ ಪ್ರವೇಶಿಸಿ, ತಮ್ಮ ಮಕ್ಕಳನ್ನು ಕರೆದುಕೊಂಡು ಹೋಗುವುದು. ನಿಗದಿಪಡಿಸಿದ ಸಮಯದಲ್ಲಿ ಶಾಲಾ ಆವರಣದೊಳಗೆ ಪ್ರವೇಶಿಸುವಾಗ ಗುರುತಿನ ಚೀಟಿಯನ್ನು ತೋರಿಸತಕ್ಕದ್ದು.
11. ಮಕ್ಕಳು ಹೊರಗಡೆ ಆಟವಾಡಲು ಹೋಗಬೇಕಾದ ಸಂದರ್ಭ ಬಂದಲ್ಲಿ ಅವರು ಯಾರೊಂದಿಗೆ, ಎಂತಹ ಆಟವನ್ನು ಆಡುತ್ತಾರೆ ಎನ್ನುವುದನ್ನು ಕೂಲಂಕುಷವಾಗಿ ತಿಳಿದುಕೊಳ್ಳಿ. ಆಟವಾಡುವಾಗಿನ ಸಂದರ್ಭದಲ್ಲಿ ಮಕ್ಕಳು ಲೈಂಗಿಕ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ತಮ್ಮನ್ನು ತೊಡಗಿಸಿಕೊಳ್ಳಬಹುದಾದ ಸಾಧ್ಯತೆಯಿರುವುದರಿಂದ ಈ ಕುರಿತು ಜಾಗರೂಕರಾಗಿರಬೇಕಾದುದು ಅತೀ ಅವಶ್ಯಕ.
12. ಅವಶ್ಯಕ ಸಂದರ್ಭಗಳನ್ನು ದೃಢವಾಗಿ ಎದುರಿಸಲು ಕಲಿಸಿರಿ. ಯಾರಿಂದಲೇ ಆಗಲೀ, ಅದರಲ್ಲೂ ಪರಿಚಿತ “ನಂಬುಗೆಯ” ವ್ಯಕ್ತಿಗಳಿಂದ ಅಸ್ವಾಭಾವಿಕ ಸ್ಪರ್ಶ ಅಥವಾ ಸಂಪರ್ಕವನ್ನು ‘ಸರಿಯಿಲ್ಲ’ ಎಂದು ದೃಢವಾಗಿ ಹೇಳುವ ಸ್ವೈರ್ಯವನ್ನು ತುಂಬಬೇಕು. ಈ ರೀತಿಯ ಅಸಹಜ ನಡವಳಿಕೆ ಯಾರಿಂದಲೇ ಬಂದರೂ ಯಥಾವತ್ತಾಗಿ ನಿಮಗೆ ತಿಳಿಸುವಂತೆ ಮಕ್ಕಳಿಗೆ ಕಲಿಸಿ.
13. ಮಕ್ಕಳು ಹೊರಹೋಗುವಾಗ ಎದುರಾಗಬಹುದಾದ ಅಸಹಜ ನಡವಳಿಕೆಗಳ ಸಾಧ್ಯಸಾಧ್ಯತೆಗಳ ಬಗ್ಗೆ ಮುಕ್ತವಾಗಿ ಅವರೊಂದಿಗೆ ಮಾತನಾಡಿ, ನಿಮ್ಮ ಮನೆಯೇ ಇರಬಹುದು, ಸಂಬಂಧಿಗಳ ಮನೆ ಇರಬಹುದು, ಶಾಲೆಯಾಗಲೀ, ಆಟದ ಮೈದಾನವೇ ಆಗಿರಲಿ, ಶಾಲಾ ವಾಹನವೇ ಇರಲಿ ಅಥವಾ ಇನ್ಯಾವುದೇ ಸ್ಥಳದಲ್ಲಿ ಮಕ್ಕಳು ಜೊತೆಯಾಗಿರುವಾಗ ಜಾಗ್ರತೆರಾಗಿರುವಂತೆ ಕಲಿಸಬೇಕು.

14. ಮಕ್ಕಳಿಗೆ ಸಿ.ಡಿ. ಅಥವಾ ಹೊಸ ಕಾರ್ಟೂನಗಳಂತಹ ವಸ್ತುಗಳನ್ನು ಕೊಂಡಾಗ ಅವರು ಅವನ್ನು ವೀಕ್ಷಿಸುವ ಮೊದಲು ನೀವೇ ಸರಿಯಾಗಿ ವೀಕ್ಷಿಸಿ ಮಕ್ಕಳು ನೋಡಲು ಸೂಕ್ತ ಎಂದಾದಲ್ಲಿ ಮಾತ್ರ ಅವರಿಗೆ ವೀಕ್ಷಿಸಲು ಅವಕಾಶ ಮಾಡಿಕೊಡಿ.
15. ಯಾವುದೇ ಸಂದರ್ಭದಲ್ಲಿ ನಿಮ್ಮ ಹೆಣ್ಣು ಮಗುವನ್ನು ಹುಡುಗ ಅಥವಾ ಪುರುಷರ ತೊಡೆಯ ಮೇಲೆ ಕುಳಿತುಕೊಳ್ಳದಂತೆ ಜಾಗ್ರತೆ ವಹಿಸಿ. ಇಂತಹ ಸಂದರ್ಭಗಳ ಕುರಿತು ಗಂಡು ಮಕ್ಕಳನ್ನು ಸಹ ಎಚ್ಚರಿಸಬೇಕು. ಹೆಣ್ಣು ಮಕ್ಕಳು ಮಾತ್ರವಲ್ಲ ಹುಡುಗರು ಸಹಾ ಲೈಂಗಿಕ ಕಿರುಕುಳಕ್ಕೊಳಗಾಗುತ್ತಾರೆ ಎನ್ನುವುದನ್ನು ಗಮನದಲ್ಲಿರಿಸಿಕೊಳ್ಳಬೇಕು.
16. ಸದಾ ಚಟುವಟಿಕೆಯಿಂದಿದ್ದು, ಕ್ರಿಯಾಶೀಲವಾಗಿದ್ದ ಮಗು ಒಮ್ಮೆಗೆ ಮೌನವಾದಲ್ಲಿ ಅಥವಾ ನಿರಾಸಕ್ತಗೊಂಡಂತೆ ಭಾಸವಾದರೆ, ಆ ಮಗುವಿನೊಂದಿಗೆ ಸಾವಧಾನವಾಗಿ ಕುಳಿತು ಅದರ ಈ ಬದಲಾದ ನಡತೆಗೆ ಕಾರಣವನ್ನು ವಿವೇಚನೆಯಿಂದ ತಿಳಿದುಕೊಳ್ಳಬೇಕು.
17. ಯಾವುದೇ ಕಾರಣಕ್ಕೂ ಅಪರಿಚಿತರು ತಮ್ಮ ವಾಹನದಲ್ಲಿ ಕರೆದುಕೊಂಡು ಹೋಗುವ ಯಾ ನೀಡುವ ತಿಂಡಿ ತಿನಿಸುಗಳ ಅಥವಾ ಉಡುಗೊರೆಗಳ ಆಮಿಷಕ್ಕೆ ಬಲಿಯಾಗದಂತೆ ನಿಮ್ಮ ಮಕ್ಕಳಿಗೆ ತಿಳಿಹೇಳಿ ಒಬ್ಬಂಟಿಯಾಗಿರುವಾಗ ಸಾಧ್ಯವಾದಷ್ಟು ಮಟ್ಟಿಗೆ ಅಪರಿಚಿತರೊಂದಿಗೆ ವ್ಯವಹರಿಸಬಾರದಾಗಿ ಹೇಳಿ.
18. ಮಗುವಿನ ಬೆಳವಣಿಗೆಯ ಹಂತದಲ್ಲಿ ಆಯಾಯ ಪ್ರಾಯಕ್ಕನುಗುಣವಾಗಿ ಲೈಂಗಿಕ ತಿಳುವಳಿಕೆಯನ್ನು ನೀಡಬೇಕು. ಹೀಗೆ ಮಾಡದಿದ್ದಲ್ಲಿ ಮಗುವು ಇತರರಿಂದ ತಪ್ಪು ಮಾಹಿತಿಯನ್ನು ಪಡೆಯುವ ಸಾಧ್ಯತೆ ಇರುತ್ತದೆ.
19. ಮಕ್ಕಳ ಗುಪ್ತಾಂಗಗಳನ್ನು ಅವರೇ ಸ್ವಚ್ಛಗೊಳಿಸಿಕೊಳ್ಳುವಂತೆ ಕಲಿಸುವುದಲ್ಲದೆ ಮನೆ ಹಾಗೂ ಶಾಲೆಗಳಲ್ಲಿ ಮಕ್ಕಳ ಪಾಲನೆ ಮಾಡುವವರನ್ನು ಹೊರತುಪಡಿಸಿ ಇತರೆ ಯಾರೇ ಆಗಲೀ ಅವುಗಳನ್ನು ಸ್ಪರ್ಶಿಸಲು ಬಿಡದಂತೆ ಮಕ್ಕಳಿಗೆ ತಿಳಿ ಹೇಳಬೇಕು.
20. ಸಾಧ್ಯವಾದಷ್ಟು ಮಟ್ಟಿಗೆ ನಿಮ್ಮ ಮಗುವನ್ನು (ಹುಡುಗ/ಹುಡುಗಿ) ಎಲ್ಲಿಗೂ ಏಕಾಂಗಿಯಾಗಿ ಕಳುಹಿಸಲೇಬೇಡಿ. ಹೆಚ್ಚಾಗಿ ಮಗುವು ಒಬ್ಬಂಟಿಯಾದಾಗ ಲೈಂಗಿಕ ಕಿರುಕುಳಕ್ಕೊಳಗಾಗುವ ಸಾಧ್ಯತೆ ಅಧಿಕವಾಗಿರುತ್ತದೆ.
21. ನೆನಪಿನಲ್ಲಿಡಿ ನಮ್ಮ ಮಕ್ಕಳ ರಕ್ಷಣೆ ನಮ್ಮ ಜವಾಬ್ದಾರಿ. ಸಂತೋಷದ ಬಾಲ್ಯ ಜೀವನವನ್ನು ನಮ್ಮ ಮಕ್ಕಳಿಗೆ ನೀಡುವುದಕ್ಕಿಂತ ಮುಖ್ಯ ಕರ್ತವ್ಯ ಇನ್ನೊಂದಿಲ್ಲ. ಶಾಲೆಯಾಗಿ ನಾವು ಮಕ್ಕಳು ಶಾಲೆಯಲ್ಲಿರುವ ಸಮಯದಲ್ಲಿ, ಶಾಲಾ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಭಾಗವಹಿಸುವ ಸಂದರ್ಭದಲ್ಲಿ ಅವರ ರಕ್ಷಣೆಗಾಗಿ ಎಲ್ಲಾ ರೀತಿಯ ಪ್ರಾಮಾಣಿಕ ಪ್ರಯತ್ನ ಮಾಡುತ್ತೇವೆ ಎನ್ನುವ ಭರವಸೆಯನ್ನು ಈ ಸಂದರ್ಭದಲ್ಲಿ ನೀಡುತ್ತಿದ್ದೇವೆ.

## **1. MARY WANTS TO FILL US**

Mary wants to fill us  
With grace from above,  
Hail Lady of Mount Carmel  
We love and honour you

1. Carmel is garden  
Where peace and joy abide  
For God's love is the planting  
His all sufficing love
2. Mary brings a message  
Hark now to Christ she says  
She asks us to be loving  
And gentle in all ways
3. Prayer is all important  
Reflect all days and pray  
To know what's best and wisest  
In what you do and say

## **2. WE ARE LIVING IN THE GARDEN OF LOVE**

We are living in the garden of love  
Little pretty flowers  
Happy every hour  
Living in the garden of love  
And you can live there too  
Just open up your heart  
And let the sunshine of God's love  
Come shining down on you  
And take the word of love from God  
Just like the grass that's green  
You can live it too.

## **3. SING UNTO THE LORD**

Sing unto the Lord, A new song  
Sing unto the Lord, all the earth  
Sing unto the Lord, a new song  
Sing unto the Lord, all the earth  
For God is great and greatly to be praised  
God is great and greatly to be praised

#### **4. A NEW STAR IS RISEN**

1. A new star is risen from the ocean  
Veronica is her name  
To join other stars in the heaven above  
Of the great family of Carmel

**Ch.:** Veronica, Veronica  
The whole world hails you today  
Veronica, Veronica  
You showed Carmel, a new way

1. Active life and contemplation  
She saw as the need of the time  
To give the good news, all around the world  
In works of charity and education
2. She marked the way for us to follow  
Of obedience and self-sacrifice  
In true humility and fidelity  
Trusting always in our heavenly Father

#### **5. GOD IS SO GOOD**

1. God is so good (3) Yes He's good to me
2. God cares for me (3) Yes He cares for me
3. I'll trust in Him (3) Yes, I will trust in Him
4. I'll sing His praise (3) Yes I'll sing His praise

#### **6. I AM YOUR CHILD LORD**

1. I am your child Lord God I am your child (2)  
Everyday every hour I can feel your  
healing power
2. I praise you Lord God I praise you (2)
3. It thank You ....
4. I love You ...

## **7. VERONICA WE REMEMBER YOU**

Veronica we remember you with filial love and gratitude  
Veronica, we honour you, we celebrate your greatness true

1. Through education you changed the hearts  
Through healing care you brought joy to lives  
Ever more than these as we think of you  
We celebrate your holiness true
2. You loved the poor and neglected ones  
You prayed and worked for abandoned ones  
You fixed your gaze on Jesus Christ  
To please him, mother you spent your life
3. On this our joy - filled festive day  
With loyal heart we sing this lay  
Your hidden life and zeal indeed  
Inspires us in prayer and deed

## **8. GOD OUR FATHER**

God our Father looks on us with love  
All the time, all the time  
God our Father looks on us with love  
All the time, all the time

1. He says, I will love you all the time (2)  
I will love you forever (3) all the time
2. He says, I am with you all the time (2)  
I am with you, forever (3) all the time

## **9. MAKE GOD YOUR GURU**

Make God your Guru: let him tell you what to do  
Listen, he's calling clear and true.  
Take time to listen, take courage to obey  
The inner voice is calling, calling you

There are voices all round as  
My enemies and my friends  
Do this, don't do that the chorus never ends  
But I will always listen to that quiet inner voice  
It is swift and definite and I have made my choice.

## **10. ALL GOD'S PEOPLE WANT TO SING**

1. All God's people want to sing
- Ch: All God's people want to sing  
All God's people want to shout  
The praises of the Lord, the glory of the king  
All God's people want to shout
1. The Lord is good, the Lord is kind  
All God's people want to sing  
In him the joy of love we find  
All God's people want to shout
2. The Lord is great, the Lord is true  
All God's people want to sing  
His power can shield his will can do  
All God's people want to shout

## **11. I JUST KEEP TRUSTING**

I just keep trusting my Lord  
As I walk along  
I just keep trusting my lord  
And he gives me a song  
Though the storm cloud darkens the sky  
Over the heavenly trail  
I just keep trusting my Lord, He will never fail  
He's a faithful friend, such a faithful friend  
I can count on him, to the very end  
I just keep trusting my Lord



## 12. THERI GEETH GAAUM

Theri geeth gaaum, theri sangh rahum mei  
Paaum me jeevan ka, aanand thuj me pradbhu

1. Thu hei meri jyothi prabhu thu hei mere Masih (2)
2. Thu hei mera jeevan Prabhu, thu hei mera swarg (2)
3. Thu hei meri shanthi Prabhu, thu hei mera naath (2)

## 13. BHAGVAN THU HE MERA

Bhagvan thu he mera, Jeevan sahara  
There bina mei kuch bhi nahim -2

1. There sahare mei bhavasaagar theirtha  
There bhina mei kuch nahim karsaktha
2. There sahare mei jeevan ko patha  
There bhina mei kuch nahim karsakya
3. There sahare mei kroos utaatha  
There bhina mei kuch nahim kar saktha

## 14. PRAISE GOD

Praise God Praise God  
Let his love remind us of the power of his name,  
Praise God Praise God  
All creation sings its song of praise

1. I will praise you God and King  
Each and everyday  
My mouth shall never cease to sing  
And I will bless your name for ever.

## 15. ಉರಿದು ಬೆಳಗುವ ಹಣತೆಯಂತೆ ನನ್ನ ಜೀವನ ಬೆಳಗಿಸು

1. ಕರ್ತನು ನೀನೇ, ತಂದೆಯೂ ನೀನೇ  
ಎನ್ನಯ ಬಾಳಿಗೆ ಮುಕ್ತಿಯು ನೀನೇ
2. ಜ್ಯೋತಿಯು ನೀನೇ ಶಾಂತಿಯು ನೀನೇ  
ಎನ್ನಯ ಬಾಳಿಗೆ ಕಾಂತಿಯು ನೀನೇ

## 16. ದೇವಾ ದೇವಾ ಪ್ರೀತಿದಾತ

ದೇವಾ ದೇವಾ ಪ್ರೀತಿದಾತ, ದಯಾಸಾಗರ

ಸೃಷ್ಟಿಕರ್ತ, ಪ್ರಾಣನಾಥ, ಜಗದೀಶ್ವರಾ

1. ಪವಿತ್ರಪೂರಿತ, ನಿಮ್ಮ ನಾಮಕ್ಕೆ ಸ್ತೋತ್ರವಾಗಲಿ  
ಸರ್ವರ ನಿಮ್ಮ ಚಿತ್ತ ಜಯಗೈಯಲಿ
2. ನಿಮ್ಮ ಜ್ಯೋತಿ ನಮ್ಮ ಆತ್ಮದಿ ಎಂದೂ ಬೆಳಗಲಿ  
ಮಧುರ ಗಾನದಿ ನಿಮ್ಮ ಕೀರ್ತಿ ಸದಾ ಹರಡಲಿ

## 17. ಹಾಡುತ ಹಾಡುತ ಭಜಿಸುವ ದೇವಾ

ಹಾಡುತ ಹಾಡುತ ಭಜಿಸುವ ದೇವಾ

ನಿನ್ನಯ ವೈಭವ ಹೊಗಳುವೆ ದೇವಾ

1. ನಿನ್ನಯ ನಾಮವ ಶುಭಕರವಾಗಲಿ  
ಜಗದಲ್ಲೆಡೆಗೂ ಹರಡಲಿ, ಎಂದೂ ಹರಡಲಿ
2. ನಿನ್ನಯ ಪ್ರೇಮದ ಪ್ರತಿಭೆಯು ಬೀರಲಿ  
ಜಗದಲ್ಲೆಡೆಗೂ ಹರಡಲಿ, ಎಂದೂ ಹರಡಲಿ
3. ನಿನ್ನಯ ಕರುಣೆಯ ಕೀರ್ತಿಯು ಗಳಿಸಲಿ  
ಜಗದಲ್ಲೆಡೆಗೂ ಹರಡಲಿ, ಎಂದೂ ಹರಡಲಿ

## 18. ಸೃಷ್ಟಿಗಳೇ ಸ್ತುತಿ ಹಾಡಿರಿ ದೇವರ ಹರಸಿರಿ

ಸೃಷ್ಟಿಗಳೇ ಸ್ತುತಿ ಹಾಡಿರಿ ದೇವರ ಹರಸಿರಿ

ಇಹಪರ ಮಹಿಮೆ ತುಂಬಿರುವ ನಿತ್ಯ ಈಶನ ಸ್ತುತಿಸಿರಿ

1. ದೇವರ ದೂತರೆ ಆಗಸವೇ ದೇವರ ಹರಸಿರಿ  
ಪರ್ವತವೇ ಜಲರಾಶಿಗಳೆ ನಿತ್ಯ ಈಶನ ಸ್ತುತಿಸಿರಿ
2. ಮಿನುಗುವ ತಾರಾ ಸಂಕುಲವೇ ದೇವರ ಹರಸಿರಿ  
ಮಂಜೇ, ಮಳೆಯೇ ಮಾರುತವೇ ನಿತ್ಯ ಈಶನ ಸ್ತುತಿಸಿರಿ

\*—\*—\*—\*

## MAY - 2023

1	Mon	*	<b>Worker's Day</b>
2	Tue	x	
3	Wed	x	
4	Thur	x	
5	Fri	*	<b>Buddha Poonima</b>
6	Sat	x	
7	Sun	*	
8	Mon	x	<b>World Red Cross day/ Mother's day</b>
9	Tue	x	
10	Wed	x	
11	Thur	x	<b>National technology Day</b>
12	Fri	x	<b>International Nurses Day</b>
13	Sat	x	
14	Sun	*	
15	Mon	x	
16	Tue	x	
17	Wed	x	
18	Thur	x	
19	Fri	x	
20	Sat	x	
21	Sun	*	
22	Mon	x	
23	Tue	x	
24	Wed	x	
25	Thur	x	
26	Fri	x	
27	Sat	x	
28	Sun	*	
29	Mon	x	<b>Reopening of the School</b>
30	Tue	x	<b>Staff meeting</b>
31	Wed	x	<b>Anti- Tobacco day</b>

*All Sundays and days marked \* are holidays. Rests are class days*

## JUNE - 2023

1	Thur	x	
2	Fri	x	
3	Sat	x	
4	Sun	*	
5	Mon	x	<b>World Environment Day</b>
6	Tue	x	
7	Wed	x	
8	Thur	x	
9	Fri	x	
10	Sat	x	
11	Sun	*	
12	Mon	x	
13	Tue	x	
14	Wed	x	
15	Thur	x	<b>PTA Meeting - Grade II, II, IV.</b>
16	Fri	x	<b>PTA Meeting – Grade V, VI, VII.</b>
17	Sat	x	<b>PTA Meeting – Grade VIII, IX, X.</b>
18	Sun	*	
19	Mon	x	<b>Father’s day</b>
20	Tue	x	<b>World Refugee Day /Cabinet Inauguration – Grade X</b>
21	Wed	x	<b>International Yoga day/ Retreat - Grade I to X</b>
22	Thur	x	<b>Retreat - Grade I to X</b>
23	Fri	x	<b>Competition/Activity – L.K.G&amp;U.K.G.</b>
24	Sat	x	<b>Competition :-Grade I &amp; II – Self Introduction Grade III &amp; IV- Calligraphy Grade V to VII – Collage on Environment dayGrade VIII – X – Pot Painting</b>
25	Sun	*	
26	Mon	x	
27	Tue	x	
28	Wed	x	<b>Staff Meeting</b>
29	Thur	*	<b>Bakrid</b>
30	Fri	x	

Education is incomplete without the formation of character.

- Mother M. Aloysia A.C

## JULY - 2023

1	Sat	x	<b>National Doctor's day – Grade III B</b>
2	Sun	*	
3	Mon	x	
4	Tue	x	
5	Wed	x	
6	Thur	x	<b>Vanamahotsava – Grade VII B</b>
7	Fri	x	
8	Sat	x	
9	Sun	*	
10	Mon	x	
11	Tue	x	<b>World Population Day</b>
12	Wed	x	<b>Competition/ Activity:- L.K.G &amp; U.K.G Competition – Grade I &amp; II- Spell bee Competition – Grade III &amp; IV- Story telling Competition – Grade V &amp; VII- Wealth out of waste Competition- Grade VIII to X – Solo Singing</b>
13	Thur	x	
14	Fri	x	
15	Sat	x	
16	Sun	*	<b>School feast- Grade VIII B</b>
17	Mon	x	
18	Tue	x	
19	Wed	x	<b>FA-I Examination</b>
20	Thur	x	
21	Fri	x	
22	Sat	x	
23	Sun	*	
24	Mon	x	
25	Tue	x	
26	Wed	x	<b>Kargil Vijay Diwas - Grade III B</b>
27	Thur	x	
28	Fri	x	<b>World Nature Conversation day</b>
29	Sat	*	<b>Moharam</b>
30	Sun	*	
31	Mon	x	<b>Staff Meeting</b>

The school is made for the children and not the children for the school.

- Mother M. Aloysia A.C

## AUGUST - 2023

1	Tue	x	
2	Wed	x	
3	Thur	x	
4	Fri	x	
5	Sat	x	
6	Sun	*	<b>World Hiroshima Day</b>
7	Mon	x	
8	Tue	x	
9	Wed	x	
10	Thur	x	<b>Competition/Activity :- L.K.G/ U.K.G Competition :- Grade I to II – Action song Competition – Grade III &amp; IV - Pencil Shading Competition – Grade V &amp; VII- Glass Painting Competition :- Grade VIII- X - Rangoli using cereals</b>
11	Fri	x	
12	Sat	x	<b>International Youth Day</b>
13	Sun	*	
14	Mon	x	
15	Tue	x	<b>Independence Day</b>
16	Wed	x	
17	Thur	x	
18	Fri	x	
19	Sat	x	
20	Sun	*	
21	Mon	x	
22	Tue	x	
23	Wed	x	<b>FA-II Examination</b>
24	Thur	x	
25	Fri	x	
26	Sat	x	
27	Sun	*	
28	Mon	x	
29	Tue	x	<b>National Sports Day - Grade IV B</b>
30	Wed	x	<b>Staff Meeting</b>
31	Thur	x	

Always be humble and very charitable.

- Mother Veronica

## SEPTEMBER - 2023

1	Fri	x	
2	Sat	x	
3	Sun	*	
4	Mon	x	
5	Tue	x	<b>Teachers' day-Programme in charge Grade - X</b>
6	Wed	*	<b>Shrikrishna Janmashtami</b>
7	Thur	x	
8	Fri	x	<b>World Literacy day - Grade IVA</b>
9	Sat	x	<b>Competition/ Activity :- L.K.G./U.K.G Competition :- Grade I to II - Clay Modeling Competition :- Grade III to IV - Tables Competition :- Grade V to VII - Poster Making (Topic :Mother Veronica) Competition :- Grade VIII to X - Coconut Day ( Wealth Out of waste)</b>
10	Sun	*	
11	Mon	x	
12	Tue	x	
13	Wed	x	
14	Thur	x	
15	Fri	x	<b>Engineer's day</b>
16	Sat	x	<b>World Ozone Day</b>
17	Sun	*	
18	Mon	x	
19	Tue	*	<b>Ganesha Chaturthi</b>
20	Wed	x	
21	Thur	x	
22	Fri	x	
23	Sat	x	
24	Sun	*	
25	Mon	x	
26	Tue	x	
27	Wed	x	<b>World Tourism day - Grade III C</b>
28	Thur	*	<b>Id-Milad</b>
29	Fri	x	<b>SA – I Examination</b>
30	Sat	x	<b>Staff meeting</b>

We ought to be respectful one to another  
– **Mother Veronica**

## OCTOBER - 2023

1	Sun	*	<b>Birth Bicentenary of Venerable Mother Veronica - Founder</b>
2	Mon	x	<b>Gandhi Jayanthi - Grade V B</b>
3	Tue	x	
4	Wed	x	<b>World animal Welfare day</b>
5	Thur	x	
6	Fri	x	
7	Sat	x	<b>Competition/ Activity: - L.K.G. &amp; U.K.G. Competition :- Grade I to II –Memory Game Competition :- Grade III to IV - Introducing the scientistsCompetition :- Grade V to VII – Treasure Hunt Competition :- Grade V to X – Word Building</b>
8	Sun	*	<b>Indian Airforce Day</b>
9	Mon	x	
10	Tue	x	
11	Wed	x	
12	Thur	x	
13	Fri	x	<b>Hiroshima Day</b>
14	Sat	*	<b>Mahalaya Amavasya</b>
15	Sun	*	
16	Mon	x	
17	Tue	x	
18	Wed	x	
19	Thur	x	
20	Fri	x	
21	Sat	x	
22	Sun	*	
23	Mon	*	<b>Mahanavami Ayudha pooja</b>
24	Tue	*	<b>Vijayadashami</b>
25	Wed	x	
26	Thur	x	
27	Fri	x	<b>Exhibition</b>
28	Sat	*	<b>Valmiki Jayanthi</b>
29	Sun	*	
30	Mon	x	
31	Tue	x	

God will draw good out of evil as He knows how.

– Mother Veronica



## NOVEMBER - 2023

1	Wed	x	<b>Kannada Rajyothsa - Grade VA &amp; Kannada Club</b>
2	Thur	x	
3	Fri	x	
4	Sat	x	
5	Sun	*	
6	Mon	x	
7	Tue	x	
8	Wed	x	
9	Thur	x	
10	Fri	x	<b>Transport day</b>
11	Sat	x	<b>National Education Day – IV C</b>
12	Sun	*	<b>Naraka Chathurdashi</b>
13	Mon	*	<b>Deepawali - IIB</b>
14	Tue	x	<b>Children's Day</b>
15	Wed	x	
16	Thur	x	
17	Fri	x	<b>National Journalism day/ Carmel Blossom Establishment Day</b>
18	Sat	x	<b>World Adult Day</b>
19	Sun	*	<b>World Citizen day</b>
20	Mon	x	
21	Tue	x	
22	Wed	x	
23	Thur	x	
24	Fri	x	
25	Sat	x	
26	Sun	*	<b>Constitution/Law day – VIII A</b>
27	Mon	x	
28	Tue	x	
29	Wed	x	<b>Staff Meeting</b>
30	Thur	*	<b>Kanakadasa Jayanthi</b>

Education brings about opportunity and in turn inspiration.

– Bill Frist

## DECEMBER - 2023

1	Fri	x	<b>World Aids Day</b>
2	Sat	x	<b>World Computer Literacy Day</b>
3	Sun	*	
4	Mon	x	<b>Navy Day</b>
5	Tue	x	
6	Wed	x	
7	Thur	x	<b>Annual / Sports Day</b>
8	Fri	x	<b>Annual / Sports Day</b>
9	Sat	x	
10	Sun	*	<b>Human Rights Day</b>
11	Mon	x	
12	Tue	x	
13	Wed	x	
14	Thur	x	
15	Fri	x	
16	Sat	x	
17	Sun	*	
18	Mon	x	<b>FA- III Examination</b>
19	Tue	x	
20	Wed	x	<b>International Human solidarity</b>
21	Thur	x	
22	Fri	x	<b>Staff Meeting</b>
23	Sat	x	
24	Sun	*	
25	Mon	*	<b>Christmas - Grade VI B</b>
26	Tue	x	
27	Wed	x	
28	Thur	x	
29	Fri	x	
30	Sat	x	
31	Sun	*	

Good manners will open doors that the best education cannot.

- Clarence Thomas

## JANUARY - 2024

1	Mon	x	
2	Tue	x	
3	Wed	x	
4	Thur	x	
5	Fri	x	
6	Sat	x	<b>Holy childhood day</b>
7	Sun	*	
8	Mon	x	
9	Tue	x	
10	Wed	x	<b>World Hindi day – Hindi Club</b>
11	Thur	x	<b>National Human Trafficking Awareness Day</b>
12	Fri	x	<b>National Youth Day</b>
13	Sat	x	
14	Sun	*	
15	Mon	*	<b>Indian Army Day/ Makara Sankramana</b>
16	Tue	x	
17	Wed	x	
18	Thur	x	
19	Fri	x	
20	Sat	x	
21	Sun	*	
22	Mon	x	
23	Tue	x	<b>Netaji Subhas Chandra Bosh Jayanthy - Grade IIA</b>
24	Wed	x	
25	Thur	x	
26	Fri	x	<b>Republic Day – VII A</b>
27	Sat	x	
28	Sun	*	
29	Mon	x	
30	Tue	x	<b>Martyrs’ day/ Peace day – Grade VI C</b>
31	Wed	x	<b>Staff Meeting</b>

Education is not the learning of facts but the training of the mind to think.

- Albert Einstein

## FEBUARY - 2024

1	Thur	x	<b>Indian Coast Guard Day</b>
2	Fri	x	
3	Sat	x	
4	Sun	*	<b>World Cancer Day</b>
5	Mon	x	<b>FA- IV Examination</b>
6	Tue	x	
7	Wed	x	
8	Thur	x	
9	Fri	x	
10	Sat	x	<b>National Pulses Day - Grade II C</b>
11	Sun	*	<b>World day of the Sick</b>
12	Mon	x	
13	Tue	x	
14	Wed	x	
15	Thur	x	
16	Fri	x	
17	Sat	x	
18	Sun	*	
19	Mon	x	
20	Tue	x	
21	Wed	x	
22	Thur	x	<b>World Scout Day / Thinking Day - In charge Teachers</b>
23	Fri	x	
24	Sat	x	
25	Sun	*	
26	Mon	x	
27	Tue	x	<b>Staff Meeting</b>
28	Wed	x	<b>National science day- Science club</b>
29	Thur	x	

Promise yourself to be strong, that nothing may disturb your peace of mind. - **Mother M.Aloysia A.C**

## MARCH - 2024

1	Fri	x	
2	Sat	x	
3	Sun	*	<b>World Wildlife Day</b>
4	Mon	x	<b>National safety day</b>
5	Tue	x	
6	Wed	x	<b>Competition/Activity: - L.K.G. &amp; U.K.G. Competition :- I to X - Class Magazine</b>
7	Thur	x	
8	Fri	*	<b>Maha shivarathri /International Women's day – VI A</b>
9	Sat	x	
10	Sun	*	
11	Mon	x	
12	Tue	x	
13	Wed	x	
14	Thur	*	
15	Fri	x	<b>World Consumer Rights day</b>
16	Sat	x	
17	Sun	*	
18	Mon	x	
19	Tue	x	<b>SA – II Examination</b>
20	Wed	x	<b>Happiness day – V C</b>
21	Thur	x	<b>Colours day – L.K.G./U.K.G. World Forestry day / World Poetry day</b>
22	Fri	x	
23	Sat	x	<b>Sendoff - Grade IX</b>
24	Sun	*	
25	Mon	x	
26	Tue	x	
27	Wed	x	
28	Thur	x	
29	Fri	*	<b>Good Friday</b>
30	Sat	x	<b>Staff Meeting</b>
31	Sun	*	

Education breeds confidence, Confidence breeds hope, Hope breeds peace.

– Confucius

## APRIL - 2024

1	Mon	x	
2	Tue	x	<b>World Autism Awareness Day</b>
3	Wed	x	
4	Thur	x	
5	Fri	x	
6	Sat	x	
7	Sun	*	<b>World Health day</b>
8	Mon	x	
9	Tue	*	<b>Ugadi</b>
10	Wed	x	
11	Thur	x	
12	Fri	x	
13	Sat	x	
14	Sun	*	<b>Ambedkar Jayanthi</b>
15	Mon	x	
16	Tue	x	
17	Wed	x	
18	Thur	x	
19	Fri	x	
20	Sat	x	
21	Sun	*	
22	Mon	x	
23	Tue	x	
24	Wed	x	
25	Thur	x	
26	Fri	x	
27	Sat	x	
28	Sun	*	<b>World Safety day</b>
29	Mon	x	
30	Tue	x	

God will draw good out of evil as He knows how.

- **Mother Veronica**

# LEAVE APPLICATION

Specimen Signature of  
Parents/ Guardian : .....

Name of the Pupil : ..... Std : ..... Roll No.....

Date of Absence	Period of Absence or leave required	REASON	Parent's or Guardian's Signature	Class Teacher's Signature	Principal's signature









# RECORD ON LATE ATTENDANCE

Name of the Pupil : ..... Std : ..... Roll No.....

Date	Time of Arrival	Reason	Class Teacher's Signature	Principal's signature

# RECORD ON LATE ATTENDANCE

Name of the Pupil : ..... Sid : ..... Roll No.....

Date	Time of Arrival	Reason	Class Teacher's Signature	Principal's signature

<b>REMARKS</b>	
<b>TEACHERS</b>	<b>PRINCIPAL</b>

<b>REMARKS</b>	
<b>TEACHERS</b>	<b>PRINCIPAL</b>

# SCHOOL UNIFORM

The Parents are requested to see that their children come to school neatly dressed as per the rules specified below. In case of negligence in the respect, the students are liable to be sent home.

## REGULAR UNIFORM/PRIMARY AND HIGH SCHOOL

<b>GRADE I - X BOYS</b>	<b>GRADE I - X Girls</b>
<ul style="list-style-type: none"><li>• Checked Shirt (Half Sleeve)</li><li>• Shorts Grade I - IV</li><li>• Long Pants Grade V - X</li><li>• School Belt</li><li>• Black Gola shoe</li><li>• Brown socks</li><li>• Rainy wear (Black Sandals with a back strap without socks)</li></ul>	<ul style="list-style-type: none"><li>• Checked blouse (Half Sleeve)</li><li>• Beige Pinafore skirts</li><li>• School Belt</li><li>• Black Gola shoe</li><li>• Brown socks</li><li>• Rainy wear ( Black Sandals with a back strap without socks)</li><li>• Black Ribbons, hair band etc.</li></ul>
<b>WEDNESDAY AND SATURDAY</b> <ul style="list-style-type: none"><li>• Squad dress-Grade V-X</li></ul>	<b>WEDNESDAY AND SATURDAY</b> <ul style="list-style-type: none"><li>• Squad dress- Grade I - IV</li></ul>



## **SCHOOL HOURS**

### **MONDAY TO FRIDAY**

**LKG** : 9.00 a.m. to 3.00 p.m.

**UKG** : 9.00 a.m. to 3:00 p.m.

**SATURDAY** : **HOLIDAY**

### **MONDAY TO FRIDAY**

**Primary & High School** : 8:30 a.m. to 12:30 p.m.

1:15 p.m. to 3:30 p.m.

**SATURDAY** : 8:30 a.m. to 12:30 p.m.

## **OFFICE HOURS**

**MONDAY TO FRIDAY** : 9.00 a.m to 12.00 p.m.

2.00 p.m to 4.00 p.m.

**SATURDAY** : 11.00 a.m. to 12.00 p.m.

### **TO MEET THE PRINCIPAL**

**MONDAY TO FRIDAY** : 3.30 p.m. to 4.30 p.m.

**SATURDAY** : 12:00 p.m. to 12:30 p.m.

## **AFTERNOON HOLIDAY**

No school business will be transacted out of office hours and on Sundays and holidays. You can approach the teacher between 3:30 pm to 4.00 p.m. The **school fee** will be received on all working days during the above mentioned working hours.

## MY DAILY TIME TABLE

1. I get up in the Morning : .....
2. Morning Study : ..... to .....
3. I go to School : ..... a.m.
4. I reach back home : ..... p.m.
5. Evening study : ..... to ..... p.m.
6. I sleep at night : .....
7. Total time for study : .....

I will see that my son / daughter .....  
of Std ..... follows the above time table daily.

*Student's Signature*

*Parents / Guardian*

# SCHOOL ANTHEM

**Rise on high up to the sky**

**The banner of our school**

**Carmel is our school**

1. Wisdom sits at her gates  
Widely open mind set's slates  
Don't be lazy don't be late  
Carmel fills your empty plate
2. Truth and justice is her girdle  
Shun all falsehood 't is a hurdle  
Throw off from you weed and darnel  
Learn from beauty queen of Carmel
3. May we bloom in your garden  
May we climb Prayer Mountain  
May we drink from your fountain  
Mary mother dearest patron

# TIME TABLE

Name ..... Class ..... Roll No.....

DAYS	FORENOON SESSION			AFTERNOON SESSION				
	1	2	3	4	5	6	7	8
<b>Monday</b>								
<b>Tuesday</b>								
<b>Wednesday</b>								
<b>Thursday</b>								
<b>Friday</b>								
<b>Saturday</b>								

## RESPONSE BY THE PARENTS, GUARDIAN AND STUDENT

I have read the School Calendar and will fulfil the requirements laid down by the School for Parents / Students.

*Signature of Parent*

*Signature of Student*

*Signature of the Guardian*

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**ಹೆತ್ತವರ ಯಾ ರಕ್ಷಕರ : ವಿದ್ಯಾರ್ಥಿನಿಯರ ಪ್ರತಿಕ್ರಿಯೆ**

ಈ ವಿದ್ಯಾಸಂಸ್ಥೆಯು ಶಾಲಾ ಕ್ಯಾಲೆಂಡರಿನಲ್ಲಿ ತಿಳಿಸಿರುವ ಅವಶ್ಯವಾದ ಅಂಶಗಳನ್ನು ಓದಿರುವೆನು ಮತ್ತು ಅವುಗಳನ್ನು ಪಾಲಿಸಲು ಒಪ್ಪಿಕೊಂಡಿರುವೆನು.

ಹೆತ್ತವರ ರುಜು

ವಿದ್ಯಾರ್ಥಿನಿಯರ ರುಜು

ರಕ್ಷಕರ ರುಜು